

# Spring Hill Church

## PRAYER REQUEST:

- SHARON
- JUDITH
- VICKY
- ANDY
- DENNIS & SANDY
- JUDY
- JEAN
- BABY McCOY
- JASON
- DAVID & LESLIE
- LAWRENCE & JAN
- KENNY
- DON
- BRUCE & PATSY
- POLLY
- JAMIE, LACEY & KIDS
- THE LOST
- FRAN
- MIKE & MARY
- DALE & DONNA
- CAROL
- BUTCH & CINDY
- CODY, NICOLE & KIDS
- TOMMY & ANGIE
- ASIAN MISSION
- MIKEL & FAMILY
- THOSE ON PRAYER BOARD
- ALL THE SICK
- THE CHURCH
- JO ANN
- JANNA
- BLAINE & DONNA

## THE PHYSICAL DEATH OF JESUS

*In 1986, The American Medical Association published an article titled "The Physical Death of Jesus Christ." It details the entire process of Jesus' trial to His death on the cross. In Luke 22, before Jesus is arrested, it is written that He was in great distress & sweating blood. Although rare, it is recognized as Hematidrosis, caused by high amounts of stress.*

At the time, the crucifixion was considered the worst death for the worst criminals. But this is not all Jesus faced. He endured whipping so severe that it tore the flesh from His body. He was beaten so horrific that His face was torn & His beard ripped. A crown of thorns, 2-3 inches long cut deeply into His scalp. The leather whip used to flog Him had tiny iron balls & sharp bones. The balls caused internal injuries while the sharp bones ripped open His flesh. His skeletal muscles, veins & bowels we're exposed, causing major blood loss.

Most men do not survive this kind of torture. After Jesus was severely flogged, He was forced to carry His own cross while



people mocked & spat on Him.

Crucifixion was a process meant to instill excruciating pain, creating a slow & agonizing death. Nails as long as 8 inches were driven into Jesus' wrists & feet. The Roman soldiers knew the tendon in the wrists would tear & break, forcing Jesus to use His back muscles to support Himself to breathe.

Imagine the struggle, the pain, the courage... Jesus endured this reality for 3 hours.

The gospel of John writes that after Jesus' death, a Roman soldier pierced His side with a spear & blood & water came out. Scientists explain that from hypovolemic shock, the rapid heart rate causes fluid to gather in the sack around the lung & heart. The gathering of fluid in the membrane around the heart is called Pericardial effusion & the lungs, Pleural effusion.

To the world, Christianity is foolish, as it can be. They believe it's for the weak. But when you are confronted by the reality of the cross, it's clearly not a pretty sight. It is brutal & horrific. This is the weight Jesus carried. The weight of the sins of the world, all so that we can live. God's wrath is fully satisfied in Jesus. This is what it took.

Repent & believe!

The safest place  
to be right now  
is under the  
Blood of Jesus  
Christ!  
Amen!

I looked at my  
past, and I realized  
it was GOD that  
blessed me and  
kept me alive. If  
you owe your en-  
tire life to God,  
thank Him.  
Amen!

## IT'S FRIDAY

"It's Friday—Jesus is praying—Peter's a sleeping—Judas is betraying— But Sunday's a comin'. It's Friday— Pilate's struggling— The council is conspiring—The crowd is vilifying—They don't even know—That Sunday's comin'.

It's Friday—The disciples are running like sheep without a shepherd— Mary's crying—Peter is denying—but they don't know—That Sunday's a comin'.

It's Friday—The Romans beat my Jesus—They robe Him in scarlet—They crown Him with thorns \_ But they don't know—that Sunday's comin'.

It's Friday—See Jesus walking to Calvary—His blood dripping—His body stumbling—And His spirit's burdened—But you see, it's only Friday— Sunday's comin'.

It's Friday—The world is winning—People are sinning—and evil's grinning. It's Friday, (they say) The soldiers nail my Savior's hands to the cross— They nail my Savior's feet to the cross—And then they raise Him up—Next to criminals.

"It's Friday" - But let me tell you something —The congregation shouts, "Sunday's comin'.

It's Friday—The disciples are questioning—What has happened to their king—And the Pharisees are celebrating—That their scheming has been achieved—But they don't know—It's only Friday—Sunday's comin'.

It's Friday—He's hanging on the cross—Feeling forsaken by His Father— Left alone and dying—Can nobody save Him?

It's Friday—But Sunday's comin'.

It's Friday—The earth trembles—The sky grows dark—My king yields His spirit.

It's Friday—Hope is lost—Death has won—Sin has conquered—Satan's just a laughin'.

It's Friday—Jesus is buried—A soldier stands guard—And a stone is rolled into place—But it's Friday—It's only Friday.

**Sunday's is a comin'!!!**



### 3 AM FRIENDS

Some of ya'll only have 6 AM friends but you need 3AM friends and it shows. Now your sitting there asking your self what's the difference between 6PM friends and 3AM friends. A 6PM friend is that friend that you know if you call them after 6PM they ain't coming on your behalf.. They have already put on their pajama's laying in the bed watching TV. Or they are doing

family things and they just ain't got no time for you after 6PM, that's their time.

Then you have them 3 AM friends, they are the ones that when you call, no matter what time it is especially after 3AM that after you say your name they throw the phone on the bed and you hear a bunch of rustling in the background and you think to yourself, what in the world is going on

right now. That is them getting dressed so that they can come help you. It don't matter where you are at or what time it is. They know something is up and they got your back all day long. You need to find you some 3AM friends.

Remember Jesus died for us, the least we can do is live for HIM.

GOD BLESS YOU!!!

My faith  
does not rest  
in the wisdom  
of men, but  
in the power  
of God

The road I've traveled  
hasn't been easy,  
but I'm still here.

The only reason I'm  
here today is

Because

God was walking the  
road with me every  
step of the way.

Amen.

*All the forces of  
darkness cannot stop  
what God has  
ordained.*

ISAIAH 14:27

Don't stop praying  
because you don't  
see results immediately.  
God is working on His  
timetable. It's worth the  
wait.

**SPRING HILL CHURCH**  
**3038 E WALNUT AVE,**  
**DALTON, GA 30721**

SUNDAY SCHOOL ..... 10:00AM  
SUNDAY WORSHIP..... 11:00AM  
SUNDAY NIGHT..... 6:00PM  
WEDNESDAY NIGHT..... 7:30PM

**EVERYONE WELCOME**

[www.springhillchurchdalton.org](http://www.springhillchurchdalton.org)



Scan to go to newsletter online.

There is no wrong way to  
pray.  
Do it in church.  
Do it at home.  
Do it kneeling.  
Or standing.  
Do it out loud.  
Or in silence.  
Do it alone.  
Do it with others.  
Do it however you want.  
Just do it.

**AMEN**

### CHUCKLE OF THE DAY...

They weren't in my pockets. Suddenly I realized I had left them in the car.

Frantically, I headed for the parking lot.

My husband has scolded me many times for leaving my keys in the car's ignition. He's afraid that the car could be stolen.

As I looked around the parking lot, I realized he was right. The parking lot was empty. I immediately called the police.

I gave them my location, confessed that I had left my keys in the car, and that it had been stolen.

Then, I made the most difficult call of all to my husband: "I left the keys in my car and it's been stolen." There was a moment of silence.

I thought the call had been disconnected, but then I heard his voice. "Are you kidding me?" he barked, "I dropped you off!"

Now it was my time to be silent. Embarrassed, I said, "Well, come and get me."

"He retorted, "I will; just as soon as I can convince this cop that I didn't steal your car!"

### DOOR CLOSED

Sitting at my gate in Dallas waiting to fly home and I just watched a woman miss boarding her plane by sixty seconds. FAA has a rule once a door is shut it doesn't open. I felt bad for her but she is now on the outside looking in. I've been there and only missed one flight in my life.

I'm reminded some will miss Heaven by twelve inches. They had Jesus in their head but not in their life. Sadly, Hell is too long to be wrong. Once the door to Heaven is closed it's too late. May we be RIGHT with God now so we aren't eternally left out. It's one thing to miss a flight but its night and day to miss the After-Life.



# April 2025

| Sun                             | Mon         | Tue            | Wed         | Thu | Fri | Sat                   |
|---------------------------------|-------------|----------------|-------------|-----|-----|-----------------------|
|                                 |             | 1              | 2           | 3   | 4   | 5                     |
| 6<br>CONFERENCE                 | 7           | 8<br>ANGEL     | 9<br>KENDON | 10  | 11  | 12<br>WORK DAY        |
| 13                              | 14          | 15<br>CARLEIGH | 16          | 17  | 18  | 19<br>WHITFIELD PLACE |
| 20<br>EASTER<br>SUNRISE SERVICE | 21          | 22             | 23          | 24  | 25  | 26                    |
| 27<br>HOMECOMING<br>BUTCH       | 28<br>FLOYD | 29             | 30          |     |     |                       |